



POSITION VACANCY

Call Number:	2023-90
Position:	Fitness Instructor
Type of Vacancy:	Part Time
Work Schedule:	As required. Hours of work will vary based on program sessions and number of classes scheduled.
2023 Hourly Rate:	\$24.48 to \$31.25 per hour
Posting Date:	December 8, 2023
Closing Date:	January 12, 2024 at 4:00 pm

The City of Niagara Falls is looking for certified Group Fitness Instructors to teach a variety of classes in the areas of movement, dance, yoga, boxing, strength, core, flexibility, and more. If you are an individual who loves fitness, motivating people and are committed to providing great customer service – we want to hear from you!

Responsibilities:

- Implement fitness programs to ensure quality programs and the safety of all participants.
- Demonstrate how to carry out various exercise routines.
- Work with various equipment including dumbbells, resistance bands, stability balls, weighted balls, step platforms so as to guide participants through a safe but effective fitness program.
- Watch clients do exercises and show or tell them correct techniques to minimize injury and improve fitness.
- Give alternative exercises during workouts or classes for different levels of fitness and skill.
- Explain and enforce safety rules and the use of exercise equipment.
- Create a friendly and positive learning environment for all new and existing members.
- Administer emergency first aid, if required.

Qualifications:

- One or more years teaching experience
- Fitness Instructor certification (OFC, canfitpro, FIS or equivalent) preferred
- Current Standard First Aid and CPR-C
- Strong communication and interpersonal skills
- Customer service orientation
- Minimum of 18 years of age

A practical demonstration of teaching skills will be a required component of the screening process.

To Apply:

Submit a cover letter and resume at www.niagarafalls.ca/jobs.

Applications must be submitted online and will be accepted until **4:00 pm on Friday, January 12, 2024.**

The City of Niagara Falls is an equal opportunity employer committed to inclusive, barrier-free recruitment and selection processes and work environments. Upon request, the City will accommodate the accessibility needs of applicants under the Ontario Human Rights Code and Accessibility for Ontarians with Disabilities Act (AODA) throughout all stages of the recruitment, selection, and interview process. Personal information is collected under the authority of The Municipal Act and will only be used to determine suitability for this position.

We thank all applicants for their interest, but only those advancing through the selection process will be contacted by email.