

Community Clean Up Program - Safety Instructions

Please read the following Safety Instructions to confirm you understand all acquired precautions that are to be undertaken while participating in a clean-up event.

In case of emergency.....

Preselect the most direct route to the nearest medical emergency facility. Always have transportation immediately available. A cellular phone on site is recommended. Have a first aid kit immediately available. Suggested first aid kit items should include:

- 1 card of safety pins
- 14 adhesive dressings
- 4 sterile gauze pads, 3 inch square
- 2 rolls of 2-inch gauze bandage
- 4 sterile surgical pads
- 2 triangular bandages

THINK SAFETY

VOLUNTEERS MUST

There are a few simple rules worth remembering, especially when it comes to safely working along the roadways and streets. These rules must be reviewed by all volunteers before each clean up session.

SAFETY

- Always wear a safety vest or bright colour clothing.
- Car pool to minimize the number of vehicles at the work site and always disembark from the vehicles on the side adjacent to the ditch.
- Park parallel to the road and as far off the travelled portion as possible.
- Park vehicles on the same side of the roadway as the volunteers are working.
- Clean up only one side of the roadway at a time and work towards on-coming traffic.
- Pick up litter during daylight hours only.
- Flag hazardous and unidentifiable items for pick up by City staff.
- Stay clear of any maintenance or construction operations and equipment.
- Stay clear of any water hazards.
- Discontinue work in inclement weather.

- Ensure all volunteers are using the appropriate personal protective equipment.
- Stay mentally alert at all times.
- Wear protective footwear and gloves.
- Wear light colour clothing that covers arms and legs.
- Wear a baseball cap or wide brimmed hat and sun screen lotion.
- Drink lots of fluids while you work especially on hot humid days.
- Be aware of any special needs of fellow volunteers (i.e. medical).
- Avoid over exertion.
- Stay alert for and avoid hazardous plants (i.e. poison ivy) and stinging insects.
- Keep an adequate supply of trash bags on hand.

VOLUNTEERS MUST NOT

- Walk or pick up litter on the pavement, shoulder, or in the median.
- Work on bridges, overpasses, steep ground, or in tunnels.
- Touch or pick up hazardous items or any thing that cannot be identified.
- Use or possess illegal drugs or alcoholic beverages before or during the clean-up.
- Place broken glass or other sharp objects in trash bag.
- Step or jump on trash bags.
- Travel onto private property to conduct a clean-up.

YOUTH

Be at least 14 years old in order to volunteer along roadside boulevards. Youth under the age of 14 are permitted to help clean-up along parks and trails not beside arterial roadway. Youth under the age of 14 must be accompanied by a guardian. Youth between the ages of 14 and 17 must have a permission slip signed by a guardian to participate. The clean-up group must provide at least one adult (18 years or older) supervisor for each 5 workers who are 14-17 in age.